



The World's First Sterilizable Microneedling Device.

### **What is microneedling?**

Microneedling is a technique that uses tiny sterile micro-needles to create very small, controlled “injuries” to skin. These microscopic injuries then heal, resulting in an improvement in the appearance of the skin. It also allows for active ingredients to be absorbed into the deeper skin layers. While darker skin types are more prone to side effects from lasers they are usually ideal candidates for micro-needling. It is also ideal for patients who do not want laser treatments but want more rejuvenation than what typical peels and microdermabrasion can offer.

### **What microneedling technology is used?**

We use the SkinStylus® Microneedling System, the only device that can be autoclave sterilized for our client's safety and peace of mind.

### **What are the benefits of SkinStylus®?**

- Dramatically increases the effectiveness and penetration of active ingredients in topical preparations
- Decreases the appearance of fine lines, wrinkles, pigmentation issues, scars, and stretch marks
- Cost effective compared to other resurfacing procedures
- Can be performed on all skin types, including ethnic skin
- It can be used on all areas of the scalp, face, body including fragile skin like around eyes, mouth and neck
- It is less painful and is less downtime – if any at all (as compared to traditional laser therapy)
- Disposable needles/no cross- contamination with the SkinStylus® autoclave sterilizable system
- Effectively treats hard-to-reach areas like around the eyes and nose
- SkinStylus® microneedling treatments can be performed immediately after some laser treatments and on the same day
- SkinStylus® can also be combined with other types of treatments for an enhanced result

### **Am I a candidate for the SkinStylus®?**

SkinStylus® can be safely performed on all skin types and all skin colors. As the epidermis and in particular, melanocytes in the basal area are left intact. There is minimal risk of pigment change or post inflammatory hyper-pigmentation. SkinStylus® can be used to treat sensitive and fragile areas that are difficult to treat with other procedures. These areas include the eyes, the neck and the back of the hands.

However, it is not suitable for patients who:

- Have a used Accutane (isotretinoin) within the last six months
- Have open wounds, cuts or abrasions in the treatment area of the skin
- HIV/AIDS, Diabetes, Scleroderma, blood clotting problems
- Recent facial fillers (past 2 weeks)
- It is best to avoid microneedling if you are having an active acne or herpes breakout in the treatment area
- Have had radiation treatment to the skin within the last year
- Are pregnant or breast feeding
- Have any history of keloid or hypertrophic scars or poor wound healing in the treatment area
- Warts, moles, or other lesions in treatment area that cannot be avoided

### **Preparing for your SkinStylus® microneedling treatment:**

- Avoid retinoids and treatments for auto-immune diseases for 24 hours before your treatment if directed by your physician or skincare professional.
- Avoid sun exposure to the treated area for 24 hours before your treatment.
- Arrive at our office with a clean face (no makeup) except for numbing gel if directed and desired (available in our office).
- We recommend you apply numbing gel ½ hour before your treatment for comfort.
- Our staff will instruct you when to remove your numbing gel, do not remove it until told to do so.
- Do not schedule this procedure if you have used Accutane/Isotretinoin within the last 6 months.

### **What to expect and post-treatment instructions for after a SkinStylus® treatment:**

- Immediately following your SkinStylus® treatment, the treatment area may be slightly swollen and feel warm and tight. It will look as though you have a moderate to severe sunburn.
- There may be minimal pin-point bleeding and/or bruising in the treatment area.
- Most people will recover within the same day or within 48 hours. Avoid the sun, exercise and makeup until the following day. A physical (zinc-oxide or titanium oxide) sunblock should be used.
- We highly recommend using Glymed Purely Professional ® products between and after your treatments to accelerate and maintain your results. Your skincare provider will discuss a topical regimen.
- Avoid makeup, retinoids, glycolic acids, and vitamin C products on the first night.
- Post treatment instructions will be provided.
- Avoid retinoids for 2 weeks and avoid lasers and IPL treatments to the treated areas for 4 weeks after the treatment (although they may be performed before the treatment).